

Our hope is that the resources listed on this page might be a useful and tangible blessing to you or someone you care about.

If you are struggling financially , SPIRIT 105.3 also wants to encourage you to contact a local church. You can check out our link to find a church near you: <http://nwchurches.com/>

WASHINGTON STATE-WIDE EMERGENCY HELP & INFORMATION SERVICES

CRISIS CLINIC 24-Hour Crisis Line- www.crisisclinic.org

Available 365 days a year. (King County)

206-461-3222

206-461-3219 TDD

1- 866- 4CRISIS (1 866-427-4747)

425 258-4357 (Snohomish County)

National Suicide Prevention Line: 1-800-SUICIDE (1-800-784-2433)

Community Information Line

Mon - Fri, 8am to 6pm

206-461-3200

206-461-3610 TDD

1-800- 621-4636

Or from a cell phone dial 211

1 888-NEED-HIM and 1 800-NEW-HOPE

www.teenhopeline.com

Local Christian Counseling Agencies

Capstone Counseling - 425 640-9777 or 1 800 433-8373- www.capstonecounseling.com

Northwest Family Life - 206 363-9601- www.northwestfamilylife.org

The Center -A Place of Hope - 1 888 771-5166 or 425 771-5166- www.aplaceofhope.com

B Counseling Services - 360-981-1802 – bcounselingservices.com

Additional Resources

SEATTLE AREA EMERGENCY SHELTERS FOR YOUTH

Broadview Emergency Shelter 299-2500

Denny Place (Males 16-20 only) 328-5693

Friends of Youth 236-5437

King County Website Listings

Orion Center (Referrals only) 622-5555

Street Youth Ministries 524-7301 ext 535

Teen Hope 546-1010

The Shelter (Seattle Youth and Community Services) Shelters and support for runaway or homeless youth, with emphasis on first time runaways or other not already a part of the street culture. Youth at The Shelter may stay 1-2 weeks and receive counseling, advocacy, food, clothing, and other needs; parents notified within 24 hours. Other services; 5 community volunteered shelter homes for youth at lower risk; 2 foster homes (90 day stay with DSHS placement); phone crisis intervention 24 hours daily. Call first for all services.
6201 46th Ave S **725-8888**

University District Youth Shelters 525-1213 ext 4204

Youthcare Shelter 694-4506

**SEATTLE AREA EMERGENCY SHELTERS FOR
SINGLE WOMEN**

Broadview Emergency Shelter 299-2500

Compass Center 490-4000

Domestic Abuse Women's Network (DAWN) Provides a domestic violence crisis line, intervention, confidential shelter (for women with or without children), information, women's groups, and advocacy for women victims of domestic violence.
(425) 656-7867 Crisis Line (206) 622-1881 Shelter Intake

DESC 464-1570 ext 3033

Noel House Women 18 and over. 2301 Second Ave (2nd & Bell St) **441-3210**

Peniel Mission Free shelter for single homeless men and women in downtown Seattle. Free dinners 6 days a week, open to the public. Chapel attendance required for both and shelter.
2421 1st Ave **441-7700**

Sacred Heart Shelter 285-7489

Salvation Army 447-9944

SHARE/WHEEL (Shelter referrals done through the Women's Referral Center) **448-7889**

Union Gospel Mission 628-2008 www.ugm.org

Women's Referral Center (Walk-in for shelter referral between 6pm and 9:30pm. Before 6pm, call Noel House at 441-3210) 2325 - 4th Ave (4th and Battery) **770-0156**

YWCA Downtown Seattle 461-4882

SEATTLE AREA EMERGENCY SHELTERS FOR SINGLE MEN

Bread of Life 682-3579

City Team Ministries
(Must arrive there by 6pm) **352-1300**

Compass Center 461-3894

DESC 464-1570 ext 3033

Peniel Mission Free shelter for single homeless men and women in downtown Seattle. Free dinners 6 days a week, open to the public. Chapel attendance required for both and shelter. 2421 1st Ave **441-7700**

Salvation Army/Gethsemane Lutheran (Call William Booth Center for more info) **621-0145**

SHARE/WHEEL (Screening at Josephinum (1902 - 2nd Ave), Mon & Thu at 1pm, Tue, Wed, Fri & Sat at 6pm) **448-7889**

St Martin de Porres (Ages 50+) **323-6341**

Union Gospel Mission 622-5177 www.ugm.org

William Booth Center 621-0145

SEATTLE AREA EMERGENCY SHELTERS FOR 1 OR 2 PARENT FAMILIES

Abused Deaf Womens Advocacy Services

Serves victims and children of sexual assault/domestic violence who are **Deaf, Deaf-Blind, and hard-of-hearing**. Stay limit of 1 week.

4738 - 11th Ave NE

726-0093 (TTY/TDD)

726-0017 Fax

236-3134 TDD Crisis Line (24 hrs)

Bellevue Police Department Has a LIMITED number of motel vouchers for Bellevue area residents ONLY who are homeless or victims of domestic violence. Vouchers are for one night only, one time only, on a case by case basis. Food vouchers may also be available. 7am - 11pm Mon - Fri, 7am - 6pm Sat. 11511 Main Street, Bellevue

(425) 452-7853

(877) 881-2731 Toll Free

Broadview Emergency Shelter (No adult men)
299-2500

Central Area Motivation Program (CAMP)

Provides help with move-in costs to fair market housing, extended emergency shelter, and limited motel vouchers. Shelter consists of two 2-bedroom townhouses available for families of 4 or more. Families may stay for up to 90 days. Clients may be assisted once a year. Offers limited emergency cold-weather motel vouchers during winter months (Nov - Mar). 722 - 18th Ave
812-4952

Domestic Abuse Womens Network (DAWN)

Provides a domestic violence crisis line, intervention, confidential shelter (for women with or without children), information, women's groups, and advocacy for women victims of domestic violence.

(425) 656-7867 Crisis Line
(206) 622-1881 Shelter Intake

Eastside Domestic Violence Program

Provides confidential emergency shelter in various apartments and hotels for victims of domestic violence and their children.

(425) 746-1940 Crisis Line/Shelter (24 hr)

Family Services Offers services for homeless families and adults in King County. Services focus on helping participants improve their access to housing through crisis intervention, advocacy, shelter and housing referrals, case management, and financial assistance. Winter Response service operates October through March when temperature drops below 30 degrees. 1100 Virginia St #210

315-2996

Hopelink (formerly NE King County Multi-Service Center)

Motel voucher programs

Bellevue.....(425) 943-7555
Kirkland.....(425) 889-7880
Northshore.....(425) 485-6521
Redmond.....(425) 882-0241
Shoreline.....(425) 485-6521
Sno-Valley.....(425) 333-4163
Kenmore (Bothell).....292-8037

Providence Hospitality House (Children 10 and under. No adult men.)

322-2107

Randolph Carter Family & Learning

Center Offers rent assistance, energy/utility assistance, motel vouchers, bus tickets, and funding for move-in costs for families with children under 18 years of age. 100 - 23rd Ave S

328-5774

328-5646 TDD

Sacred Heart Shelter Shelter for one or two parent families and for single women, for up to 3 months; \$3 adult, \$1 child daily if able to pay. No single men, childless couples, or boys over 14. Shared bath, cooking facilities, pay laundry. Dinner, free health care, child care, job services while in shelter. Clients must leave shelter 10am-4pm daily, except Sundays. Call for intake 2-6pm only. 232 Warren Ave N

285-7489

Seattle Emergency Housing (Families of 4 or more only)
461-3660

Seattle Indian Center (Motel vouchers for families of 4 or more only)
329-8700

Shelter for Women and Families Serves single women, women with children, couples, and families. \$5 per room. \$2.50 for dorm bed, if able to pay. Marriage certificate required to families and couples. No school or drug use, or abusive clients. Meals, employment counseling, assistance with social services while in shelter. Chapel attendance not required. 520 S King St
622-5177 ext. 41

South King County Multi-Service Center
(253) 854-3437

Union Gospel Mission (Women and family shelter. No adult men.)
628-2008 , www.ugm.org

YWCA Downtown Seattle (No adult men)
461-4882

YWCA East Cherry St (Families of 4 or more)
568-7841

YWCA South King County
(425) 255-1201

SEATTLE AREA

DAY CENTERS

Angeline's Day Refuge (Women only)
441-3300

DESC
464-1570

First Avenue Service Center
441-8405

Lazarus Center (Ages 50+)
623-7219

Mary's Place (Women only)
621-8474

Orion Center (Youth 19 and under only)
622-5555

Our Lady of Mt Carmel
324-1305

**SEATTLE AREA
LOW COST HOUSING**

HUD Housing List
220-5140

King County Housing Authority
574-1100

Renton Housing Authority
(425) 226-1850

Seattle Housing Authority
239-1500

**SEATTLE AREA
DOMESTIC VIOLENCE
SERVICES**

Abused Deaf Women's Advocacy
236-3134

Catherine Booth House
324-4943

Center for Battered Women (Snohomish County)
(425) 252-2873

DAWN
622-1881

DV Hotline (Statewide)
(800) 562-6025

Eastside Domestic Violence
(425) 746-1940

Family Renewal Shelter
(888) 550-3915

New Beginnings
522-9472

YWCA Alive Program Shelter
(Kitsap County)
(360) 479-1980

YWCA Women's Support Shelter
(Pierce County)
(800) 562-6025

OTHER SERVICES

Angel Tree - 1(888) ANGEL05 - www.pfm-angeltree.org

Operation Nightwatch Families arrive at 8:30pm for shelter placement. **Single women** at 9pm. **Single men** pick up a referral at: DESC (517 - 3rd Ave), Millionair's Club (2515 Western Ave),

Bread of Life Mission (97 S. Main),
Union Gospel Mission (318 - 2nd Ave) from 7:30am to 5:30pm and arrive at 9pm for shelter placement. 302 - 14th Ave S , www.ugm.org
329-2099

CRISTA Ministries- www.crista.org

Focus on the Family – 1 800 A-FAMILY, www.focusonthefamily.com, or www.troubledwith.com

Pathways for Women (425) 774-9843

Salvation Army (800) 736-7291, (206) 447-9944

**Seattle Community Service Officers
684-4790**

**Senior Information and Assistance
448-3110**

**Transitional Assistance Program
315-2996**

**Women's Wellness Center (Other health services and advocacy)
256-0665**

World Concern - www.worldconcern.org

Financial Help Resources

LOVE Inc (800) 777-5277

University Churches Emergency Fund (206) 524-7885

Salvation Army – (800) 736-7291

Dave Ramsey Show- www.daveramsey.com

SPECIAL NEEDS CHILDREN RESOURCES

425 341-1500 - www.specialchildexchange.org

A resource to parents of special needs children that are helped nationwide as well as serving families who are in crisis with referrals and free medical supplies and equipment

PIERCE & SNOHOMISH COUNTY EMERGENCY SERVICES

Pierce County Helpline

(800) 572-4357

Snohomish/Skagit County Community Information Line

(800) 223-8145

We pray that even though this list is long-there is some resource here that can be of some help to you. In the mean time, be encouraged because you are loved and cared for. The Father is very fond of you!

Blessings,

Your friends at Spirit 105.3 FM